

SPRING GROVE AREA SCHOOL DISTRICT

PLANNED COURSE OVERVIEW



Course Title: Psychology of Human Development Length of Course: 15 cycles

Grade Level(s): 11-12 Periods Per Cycle: 6

Units of Credit: 1 Length of Period: 43

Classification: Elective Total Instructional Time: 64.5 hours

Course Description

This course is an examination of topics relating to the biological processes of human development. These topics will include the analysis of the various parts and functions of the brain, sensation and perception, and consciousness, dream content. The student will also learn about human development from birth through death, personality, mental disorders, and therapies for psychological disorders.

Instructional Strategies, Learning Practices, Activities, and Experiences

Independent ReadingReading and Writing PracticePrimary Source AnalysisHomeworkGuided Group PracticeTeacher Demonstrations

Oral Presentations Guided Individual Practice Media Analysis

Constructed Responses Journaling

Assessments

Essays Reading Responses Media Responses
Short Response Independent Project Google Classroom

Primary Source Documents

Current Events

Oral Exams

Journals

Homework

Final Exam

Oral Exams

Vocabulary

Role Play

Materials/Resources

Textbook: Online Resources Various Film Segments and Films Teacher-created Simulations/Tutorials

Google Classroom Microsoft Office Suite Individual Journals iPads (with keyboards) Instructional YouTube Videos Notebooks/Binders

Printed News Media Guest Speakers Documentaries/Interviews

Adopted: 9/17/2003 **Revised:** 8/18/08; 5/15/2017

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CONTENT/KEY CONCEPTS	OBJECTIVES/STANDARDS
The student will explain the physiological processes related to human development.	Locate and label the different parts and functions of the brain.
	Identify the different parts of the nervous system.
	Label the different components of a neuron.
	Identify and describe the parts of the endocrine system, their functions, and their effects upon the body.
	Describe the five senses and list their effects upon the body.
	Label the different parts of the eye, ear, tongue, and nose.
	Explain the difference between sensation and perception.
	Explain the various levels of consciousness.
	List the different stages of sleep.
	Analyze the impact of dreams.
	Analyze the effects of hypnosis, biofeedback, and meditation on the brain.
	Evaluate the impact of various social groups on psychology.
	Speaking and Listening
	CC.1.5.11–12.A Initiate and participate effectively in a range of collaborative discussions on grade-level topics, texts, and issues, building on others' ideas and expressing their own clearly and persuasively. CC.1.5.11–12.B Evaluate how the speaker's perspective, reasoning, and use of evidence and rhetoric affect the credibility of an argument through the author's stance, premises, links among ideas, word choice, points of emphasis, and tone.

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The student will explain the physiological processes related to human development. (continued)	CC.1.5.11–12.C Integrate multiple sources of information presented in diverse formats and media (e.g., visually, quantitative, orally) in order to make informed decisions and solve problems, evaluating the credibility and accuracy or each source and noting any discrepancies among the data. CC.1.5.11–12.D Present information, findings, and supporting evidence, conveying a clear and distinct perspective; organization, development, substance, and style are appropriate to purpose, audience, and task. CC.1.5.11–12.E Adapt speech to a variety of contexts and tasks. CC.1.5.11–12.F Make strategic use of digital media in presentations to add interest and enhance understanding of findings, reasoning, and evidence. CC.1.5.11–12.G Demonstrate command of the conventions of standard English when speaking based on Grades 11–12 level and content.
	Reading in History and Social Studies CC.8.5.11-12.A Cite specific textual evidence to support analysis of primary and secondary sources, connecting insights gained from specific details to an understanding of the text as a whole. CC.8.5.11-12.B Determine the central ideas or information of a primary or secondary source; provide an accurate summary that makes clear the relationships among the key details and ideas. CC.8.5.11-12.D Determine the meaning of words and phrases as they are used in a text, including analyzing how an author uses and refines the meaning of a key term over the course of a text (e.g., how Madison defines faction in Federalist No. 10). CC.8.5.11-12.F Evaluate authors' differing points of view on the same historical event or issue by assessing the authors' claims, reasoning, and evidence. CC.8.5.11-12.I Integrate information from diverse sources, both primary and secondary, into a coherent understanding of an idea or event, noting discrepancies among sources.

CONTENT/KEY CONCEPTS	OBJECTIVES/STANDARDS
The student will explain the physiological processes related to human development. (continued)	CC.8.6.11-12.A Write arguments focused on discipline-specific content. CC.8.6.11-12.B Write informative/explanatory texts, including the narration of historical events, scientific procedures/experiments, or technical processes. CC.8.6.6.11-12.D Operation and strengthen writing in which the development, organization, and style are appropriate to task, purpose, and audience. CC.8.6.11-12.D Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach, focusing on addressing what is most significant for a specific purpose and audience. CC.8.6.11-12.E Use technology, including the Internet, to produce, publish, and update individual or shared writing products in response to ongoing feedback, including new arguments or information. CC.8.6.11-12.I Write routinely over extended time frames (time for reflection and revision) and shorter time frames (a single sitting or a day or two) for a range of discipline-specific tasks, purposes, and audiences. Historical Analysis and Skills Development 8.1.12.A Evaluate patterns of continuity and rates of change over time, applying context of events. 8.1.12.B Evaluate the interpretation of historical events and sources, considering the use of fact versus opinion, multiple perspectives, and cause and effect relationships. 8.1.12.C Analyze, synthesize, and integrate historical data, creating a product that supports and appropriately illustrates inferences and conclusions drawn from research. (Reference RWSL Standard 1.8.11 Research) World History 8.4.12.A Evaluate the role groups and individuals played in the social, political, cultural, and economic development throughout world history. 8.4.12.B Evaluate the importance of historical documents, artifacts, and sites which are critical to world history.

CONTENT/KEY CONCEPTS	OBJECTIVES/STANDARDS
The student will explain the physiological processes related to human development. (continued)	 8.4.12.C Evaluate how continuity and change have impacted the world today. Belief systems and religions Commerce and industry Technology Politics and government Physical and human geography Social organization 8.4.12.D Evaluate how conflict and cooperation among groups and organizations have impacted the development of the world today, including its effects on Pennsylvania.
	Concepts of Health 10.1.3.A Identify and describe the stages of growth and development. Infancy Childhood Adolescence Adulthood Late adulthood Circulatory Respiratory Muscular Skeletal Digestive 10.1.3.C Explain the role of the food guide pyramid in helping people eat a healthy diet. Food groups Number of servings Variety of food Nutrients

	OBJECTIVES/STANDARDS
The student will explain the physiological processes related to human development. (continued)	10.1.6.D Explain factors that influence childhood and adolescent drug use. Peer influence Body image (e.g., steroids, enhancers) Social acceptance Stress Media influence Decision-making/refusal skills Rules, regulations and laws Consequences 10.1.6.E Identify health problems that can occur throughout life and describe ways to prevent them. Diseases (e.g., cancer, diabetes, sexually transmitted disease (STD), human immunodeficiency virus (HIV), acquired immunodeficiency syndrome (AIDS), cardiovascular disease) Preventions (i.e. do not smoke, maintain proper weight, eat a balanced diet, practice sexual abstinence, be physically active) 10.1.9.A Analyze factors that impact growth and development between adolescence and adulthood. Relationships (e.g., dating, friendships, peer pressure) Interpersonal communication Risk factors (e.g., physical inactivity, substance abuse, intentional/unintentional injuries, dietary patterns) Abstinence STD and HIV prevention Community 10.1.9.B Analyze the interdependence existing among the body systems. 10.1.9.C Analyze factors that impact nutritional choices of adolescents. Body image Advertising Dietary guidelines Eating disorders Peer influence Athletic goals

CONTENT/KEY CONCEPTS	OBJECTIVES/STANDARDS
The student will explain the physiological processes related to human development. (continued)	10.1.9.D Analyze prevention and intervention strategies in relation to adolescent and adult drug use. Decision-making/refusal skills Situation avoidance Goal setting Professional assistance (e.g., medical, counseling, support groups) Parent involvement 10.1.9.E Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention. 10.1.12.A Evaluate factors that impact growth and development during adulthood and late adulthood. Acute and chronic illness Communicable and noncommunicable disease Health status Relationships (e.g., marriage, divorce, loss) Career choice Aging process Retirement 10.1.12.B Evaluate factors that impact the body systems and apply protective/preventive strategies. Fitness level Environment (e.g., pollutants, available health care) Health status (e.g., physical, mental, social) Nutrition 10.1.12.D Evaluate issues relating to the use/non-use of drugs. Psychology of addiction Social impact (e.g., cost, relationships) Chemical use and fetal development Laws relating to alcohol, tobacco, and chemical substances Impact on the individual Impact on the community 10.1.12.E Identify and analyze factors that influence the prevention and control of health problems. Research Medical advances Technology Government policies/regulations

CONTENT/KEY CONCEPTS	OBJECTIVES/STANDARDS
The student will explain and analyze the various stages of human development.	Identify theories of childhood development. List the stages of Piaget's theory of development.
	Analyze Kohlberg's theory of moral development.
	Analyze and assess different parenting styles.
	Explain the transition from childhood to adolescence by looking at theories of adolescence and identifying the physical, emotional, and cognitive changes.
	Label stages of physical, emotional, and cognitive development from adolescence to adulthood.
	Analyze the stages of death.
	Assess the various problems concerning the elderly.
	Identify and describe differences between genders.
	Evaluate the impact of various social groups on psychology.
	Concepts of Health
	 10.1.3.A Identify and describe the stages of growth and development. Infancy Childhood Adolescence Adulthood Late adulthood

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The student will explain and analyze the various stages of human development. (continued)	10.1.3.B Identify and know the location and function of the major body organs and systems. Circulatory Respiratory Muscular Skeletal Digestive 10.1.3.C Explain the role of the food guide pyramid in helping people eat a healthy diet. Food groups Number of servings Variety of food Nutrients 10.1.3.D Know age appropriate drug information. Definition of drugs Effects of drugs Proper use of medicine Healthy/unhealthy risk-taking (e.g. inhalant use, smoking) Skills to avoid drugs 10.1.3.E Identify types and causes of common health problems of children. Infectious diseases (e.g., colds, flu, chickenpox) Noninfectious diseases (e.g., asthma, hay fever, allergies, Lyme disease) Germs Pathogens Heredity 10.1.6.A Describe growth and development changes that occur between childhood and adolescence and identify factors that can influence these changes. Education Socioeconomic

CONTENT/KEY CONCEPTS	Objectives/Standards
The student will explain and analyze the various stages of human development. (continued)	10.1.6.B Identify and describe the structure and function of the major body systems. Nervous Muscular Integumentary Urinary Endocrine Reproductive Immune 10.1.6.C Analyze nutritional concepts that impact health. Caloric content of foods Relationship of food intake and physical activity (energy output) Nutrient requirements Label reading Healthful food selection 10.1.6.D Explain factors that influence childhood and adolescent drug use. Peer influence Body image (e.g., steroids, enhancers) Social acceptance Stress Media influence Decision-making/refusal skills Rules, regulations and laws Consequences 10.1.6.E Identify health problems that can occur throughout life and describe ways to prevent them. Diseases (e.g., cancer, diabetes, sexually transmitted disease (STD)/human immunodeficiency virus (HIV)/acquired immune deficiency syndrome (AIDS), cardiovascular disease) Preventions (i.e. do not smoke, maintain proper weight, eat a balanced diet, practice sexual abstinence, be physically active)

LANNED COURSE: Psychology of Human Dev	velopment LEVEL: Grades 11-12
CONTENT/KEY CONCEPTS	OBJECTIVES/STANDARDS
The student will explain and analyze the various stages of human development. (continued)	10.1.9.A Analyze factors that impact growth and development between adolescence and adulthood. Relationships (e.g., dating, friendships, peer pressure) Interpersonal communication Risk factors (e.g., physical inactivity, substance abuse, intentional/unintentional injuries, dietary patterns) Abstinence STD and HIV prevention Community 10.1.9.B Analyze the interdependence existing among the body systems. 10.1.9.C Analyze factors that impact nutritional choices of adolescents. Body image Advertising Dietary guidelines Eating disorders Peer influence Athletic goals 10.1.9.D Analyze prevention and intervention strategies in relation to adolescent and adult drug use. Decision-making/refusal skills Situation avoidance Goal setting Professional assistance (e.g., medical, counseling. Support groups) Parent involvement 10.1.9.E Analyze how personal choice, disease, and genetics can impact health maintenance and disease prevention. 10.1.12.A Evaluate factors that impact growth and development during adulthood and late adulthood. Acute and chronic illness Communicable and noncommunicable disease Health status Relationships (e.g., marriage, divorce, loss) Career choice Aging process Retirement

CONTENT/KEY CONCEPTS	Objectives/Standards
The student will explain and analyze the various stages of human development. (continued)	10.1.12.B Evaluate factors that impact the body systems and apply protective/preventive strategies. Fitness level Environment (e.g., pollutants, available health care) Health status (e.g., physical, mental, social) Nutrition 10.1.12.C Analyze factors that impact nutritional choices of adults. Cost Food preparation (e.g., time, skills) Consumer skills (e.g., understanding food labels, evaluating fads) Nutritional knowledge Changes in nutritional requirements (e.g., age, physical activity level) 10.1.12.D Evaluate issues relating to the use/non-use of drugs. Psychology of addiction Social impact (e.g., cost, relationships) Chemical use and fetal development Laws relating to alcohol, tobacco, and chemical substances Impact on the individual Impact on the community 10.1.12.E Identify and analyze factors that influence the prevention and control of health problems. Research Medical advances Technology Government policies/regulations

CONTENT/KEY CONCEPTS	OBJECTIVES/STANDARDS
The student will explain and analyze the various stages of human development. (continued)	Healthful Living 10.2.3.A Identify personal hygiene practices and community helpers that promote health and prevent the spread of disease. 10.2.3.B Identify health-related information. Signs and symbols Terminology Products and services 10.2.3.C Identify media sources that influence health and safety. 10.2.3.D Identify the steps in a decision-making process. 10.2.3.E Identify environmental factors that affect health. Pollution (e.g., air, water, noise, soil) Waste disposal Temperature extremes Insects/animals 10.2.6.A Explain the relationship between personal health practices and individual well-being. Immunizations Health examinations 10.2.6.B Explain the relationship between health-related information and consumer choices. Dietary guidelines/food selection Sun exposure guidelines/sunscreen selection 10.2.6.C Explain the media's effect on health and safety issues. 10.2.6.D Describe and apply the steps of a decision-making process to health and safety issues. 10.2.6.E Analyze environmental factors that impact health. Indoor air quality (e.g., secondhand smoke, allergens) Chemicals, metals, gases (e.g., lead, radon, carbon monoxide) Radiation Natural disasters

CONTENT/KEY CONCEPTS	Objectives/Standards
The student will explain and analyze the various stages of human development. continued)	 10.2.9.A Identify and describe health care products and services that impact adolescent health practices. 10.2.9.B Analyze the relationship between health-related information and adolescent consumer choices. Tobacco products Weight control products 10.2.9.C Analyze media health and safety messages and describe their impact on personal health and safety. 10.2.9.D Analyze and apply a decision-making process to adolescent health and safety issues. 10.2.9.E Explain the interrelationship between the environment and personal health. Ozone layer/skin cancer Availability of health care/individual health Air pollution/respiratory disease Breeding environments/ Lyme disease/West Nile Virus 10.2.12.A Evaluate health care products and services that impact adult health practices. 10.2.12.B Assess factors that impact adult health consumer choices. Access to health information Access to health care Cost Safety 10.2.12.C Compare and contrast the positive and negative effects of the media on adult personal health and safety 10.2.12.D Examine and apply a decision-making process to the development of short and long-term health goals. 10.2.12.E Analyze the interrelationship between environmental factors and community health. Public health policies and laws/health promotion and disease prevention Individual choices/maintenance of environment Recreational opportunities/ health status Physical Activity 10.4.6.A Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health 10.4.6.B Explain the effects of regular participation in moderate to vigorous physical scivities on the body systems

CONTENT/KEY CONCEPTS	OBJECTIVES/STANDARDS
The student will explain and analyze the various stages of human development. (continued)	10.4.6.C Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity Heart rate monitoring Checking blood pressure Fitness assessment 10.4.6.D Describe factors that affect childhood physical activity preferences. Enjoyment Personal interest Social experience Opportunities to learn new activities Parental preference Environment 10.4.6.E Identify factors that have an impact on the relationship between regular participation in physical activity and the degree of motor skill improvement. Success-oriented activities School-community resources Variety of activities Time on task 10.4.6.F Identify and describe positive and negative interactions of group members in physical activities. Leading Following Teamwork Etiquette Adherence to rules 10.4.9.A Analyze and engage in physical activities that are developmentally/individually appropriate and support achievement of personal fitness and activity goals. 10.4.9.B Analyze the effects of regular participation in moderate to vigorous physical activities in relation to adolescentealth improvement. Stress management Disease prevention Weight management

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The student will explain and analyze the various stages of human development. (continued)	10.4.9.C Analyze factors that affect the responses of body systems during moderate to vigorous physical activities. Exercise (e.g., climate, altitude, location, temperature) Healthy fitness zone Individual fitness status (e.g., cardiorespiratory fitness, muscular endurance, muscular strength, flexibility) Drug/substance use/abuse 10.4.9.D Analyze factors that affect physical activity preferences of adolescents. Skill competence Social benefits Previous experience Activity confidence 10.4.9.E Analyze factors that impact on the relationship between regular participation in physical activity and motor sk improvement. Personal choice Developmental differences Amount of physical activity Authentic practice 10.4.9.F Analyze the effects of positive and negative interactions of adolescent group members in physical activities. Group dynamics Social pressure 10.4.12.A Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitnes and activity goals and promotes life-long participation. 10.4.12.B Analyze the effects of regular participation in a self-selected program of moderate to vigorous physical activities. Social Physiological Physiological Psychological Psychological Ind.12.C Evaluate how changes in adult health status may affect the responses of the body systems during moderat to vigorous physical activity. Aging Injury Disease

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The student will explain and analyze the various stages of human development. (continued)	 10.4.12.D Evaluate factors that affect physical activity and exercise preferences of adults. personal challenge physical benefits finances motivation access to activity self-improvement 10.4.12.E Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.4.12.F Assess and use strategies for enhancing adult group interaction in physical activities. shared responsibility open communication goal setting
	 8.4.12.A Evaluate the role groups and individuals played in the social, political, cultural, and economic development throughout world history. 8.4.12.B Evaluate the importance of historical documents, artifacts, and sites which are critical to world history. 8.4.12.C Evaluate how continuity and change have impacted the world today. Belief systems and religions Commerce and industry Technology Politics and government Physical and human geography Social organization 8.4.12.D Evaluate how conflict and cooperation among groups and organizations have impacted the development of the world today, including its effects on Pennsylvania.

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The student will explain and analyze the various theories of personality development. (continued)	 World History 8.4.12.A Evaluate the role groups and individuals played in the social, political, cultural, and economic development throughout world history. 8.4.12.B Evaluate the importance of historical documents, artifacts, and sites which are critical to world history. 8.4.12.C Evaluate how continuity and change have impacted the world today. Belief systems and religions Commerce and industry Technology Politics and government Physical and human geography Social organization 8.4.12.D Evaluate how conflict and cooperation among groups and organizations have impacted the development of the world today, including its effects on Pennsylvania. 	
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The student will identify and analyze psychological disorders, along with appropriate treatments and therapies.	Identify and describe the classifications of psychological disorders. Compare and contrast specific psychological disorders. Compare and contrast different treatments and therapies. Analyze and apply different treatments and therapies to psychological disorders. Assess the role the government should play in treating people with psychological disorders.
	Concepts of Health 10.1.9.A Analyze factors that impact growth and development between adolescence and adulthood. Relationships (e.g., dating, friendships, peer pressure) Interpersonal communication Risk factors (e.g., physical inactivity, substance abuse, intentional/unintentional injuries, dietary patterns) Abstinence STD and HIV prevention Community 10.1.9.B Analyze the interdependence existing among the body systems. 10.1.9.C Analyze factors that impact nutritional choices of adolescents. Body image Advertising Dietary guidelines Eating disorders Peer influence Athletic goals

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